

## TRA is a “Nut Aware” School

Within our school community at TRA, there are several students who have a potentially life-threatening allergy (anaphylaxis) to foods, predominantly to peanuts and tree nuts (e.g. almond, cashew, hazelnut, pistachio).

As a “Nut Aware” school, we feel the best way to reduce the risk of accidental exposure to these students is to respectfully ask for the co-operation of the parents/guardians within this school community to avoid sending peanut butter or products with peanuts listed in the ingredients.

Should a child be found eating a product containing nuts, they may have to be removed to a space which can be monitored and cleaned thoroughly afterwards.

It is not only the ingestion of these foodstuffs, but also the cross-contamination, which can cause serious health issues. Cross-contamination is caused through handling of food and then, for example, placing your hands on a surface or door handle or chair, where the substance can be transferred.

We do encourage students to wash their hands well, after eating, but cross-contamination may still occur.

Whilst we endeavor to check whether these products are being brought into school, it is difficult to monitor all items of food that are brought in. We, therefore ask that you do not send your child to school with any of these products.